

## INFORMATION FOR GENERAL PRACTITIONERS

### OUTPATIENT TREATMENT OF VARICOSE VEINS ENDOVENOUS LASER ABLATION (EVLA) FOAM SCLEROTHERAPY



Dear Doctor,

Your patient has visited our website ([www.nationwidesurgical.co.uk](http://www.nationwidesurgical.co.uk)) and obtained this information which we hope will assist in their further management.

#### **About Nationwide Surgical Centres (NSC)**

Our Consultants specialize in the treatment of troublesome varicose veins (and thread veins), particularly, for patients who wish to avoid surgery & general anaesthesia. We provide a full range of clinical services and initial consultation includes ultrasound assessment. We will discuss all treatment options (conservative, endovenous laser, foam sclerotherapy, surgery) and offer advice as to which might be the most suitable for your patient at one of our treatment centres in the Leeds/Bradford area and Chester.

The Medical Director of our Leeds/Bradford clinic is

**Mr. Michael Gough ChM, FRCS, Consultant Vascular Surgeon**

The Medical Director of our Chester clinic is

**Professor Paul Edwards M,Chir, FRCS, Consultant Vascular Surgeon**

Both of our Medical Directors have been instrumental in establishing EVLA in the UK and are recognised experts in the management of venous disease.

#### **About EndoVenous Laser Ablation - EVLA**

EVLA is a minimally invasive, "walk in-walk out" procedure for the treatment of varicose veins. NICE guidance ([www.nice.org.uk/nicemedia/pdf/IPG052guidance.pdf](http://www.nice.org.uk/nicemedia/pdf/IPG052guidance.pdf)) on this procedure indicated its efficacy as similar to conventional surgery.

The technique involves ultrasound guided insertion of a laser fibre into the great or short saphenous vein. Perivenous local anaesthetic is administered along the vein before activating the laser which causes thermal injury and occlusion of the vein. Post treatment, the patient's leg is bandaged with a compression bandage or a support stocking for up to 2 weeks. The majority of patients return to normal activity, including work, immediately.

Please don't hesitate to contact us should you require any additional information or advice.

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